



Lingayat Education Association's  
**HURAKADLI AJJA LAW COLLEGE, DHARWAD**

Near Shri Durgadevi Temple, DHARWAD-580 008. (Karnataka State)

(ಕರ್ನಾಟಕ ರಾಜ್ಯ ಕಾನೂನು ವಿಶ್ವವಿದ್ಯಾಲಯದಿಂದ ಸಂಯೋಜನೆ ಹೊಂದಿರುತ್ತದೆ)

ಹಾಗೂ ಕರ್ನಾಟಕ ರಾಜ್ಯ ಸರ್ಕಾರದಿಂದ ಅನುದಾನ ಹೊಂದಿರುತ್ತದೆ.

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Ref. No. : HAL/\_\_\_\_\_

Date : \_\_\_\_\_

**1. Title of the Practice :**

- Health care programmes during Covid-19 pandemic
- Certificate course on Yoga

**2. Objective of the Practice :**

- To create awareness and take preventive measures.
- To maintain physical and mental health.

**3. Context :**

- Covid -19 pandemic was declared as a public health emergency world wide by the WHO.
- To help the staff and students over come anxiety and depression.

**4. Practice :**

- To safeguard the health of the students and staff.
- a certificate course on yoga through the online mode for maintaining the physical as well as mental health.

**5. Evidence of Success :**

- The students and faculty participated wherein 56 students attended awareness programme and 102 persons got vaccinated.
- The certificate course on yoga was a huge success wherein the staff and students joined the online programme.

**6. Problems encountered and resources required**

- Despite the risk most people were skeptical about getting tested and vaccinated. Hence, there is a need to create more awareness regarding the pandemic.
- This programme was conducted through online mode but the availability of network, and power supply affected the smooth carrying out of this programme.



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